



15719 - 116 Ave  
Edmonton AB, T5M 3W1  
Office: 780.489.9740  
Fax: 780.665.7215  
orders@thegoodoven.ca  
www.thegoodoven.ca

## Business Lunch

13.99/person (minimum 10 people).  
Includes choice of sandwich, two sides, assorted  
pop and juice, plates & napkins

## Catering

Our kitchen will gladly create a special menu to suit  
your needs. Contact us and we will do our best to  
accommodate you.

Please consider that your faxed or emailed order  
has not been placed until you receive a confirmation  
from us.

A \$15 charge is applied for delivery between 7am  
- 5pm, Monday - Friday within city limits. Delivery  
to other  
areas and days are only through special  
arrangement.

Orders must be placed by 3pm for next day delivery.

If required, a nominal charge of \$0.50 per person is  
applied for paper goods (plates, napkins & cutlery).



# CATERING MENU

## Breakfast

- 2.99/person **BREAKFAST PLATTER**  
*An assortment of fresh daily baked muffins,  
croissants, danishes, bagels and cinnamon buns  
(includes butter, jam, cream cheese)*
- 2.99/person **YOGURT PARFAITS**  
*Seasonal berries, natural vanilla yogurt, granola*
- 5.99/person **BREAKFAST BAGEL**  
*Ham, sweet bell peppers, egg, cheddar*
- 5.99/person **BREAKFAST CROISSANT**  
*Bacon, sweet bell peppers, egg, cheddar*
- 5.99/person **BREAKFAST BURRITO**  
*Chorizo sausage, sweet bell peppers, egg, salsa,  
black beans, cheddar*

## Appetizers

- 19.99/doz **CAPERED & DILL DEVILED EGGS**
- 19.99/doz **RED PEPPER HUMMUS CUCUMBER ROUNDS**
- 24.99/doz **SMOKED SALMON MINI BAGELS WITH GARNISHES**
- 24.99/doz **PROSCIUTTO WRAPPED ASPARAGUS**
- 19.99/doz **THAI VEGETARIAN RICE NOODLE ROLLS**
- 19.99/doz **SPANAKOPITA**
- 19.99/doz **MINI SAVORY QUICHE**
- 24.99/doz **CHICKEN OR BEEF SATAYS WITH SPICY PEANUT SAUCE**
- 19.99/doz **CHORIZO SAUSAGE AND CHEDDAR ROLLS**

## Extras

- 24.99/25's **CABBAGE ROLLS**  
*Hand-rolled with local fresh or sauer leaf cabbage,  
and filled with your choice of meat, bacon, or  
vegetarian.*
- 19.99/25's **PEROGIES**  
*Hand-made, tender dough filled with your choice of  
potato, cheddar or cottage cheeses, and onion.*

## Sides

- 2.99/person **SALADS**  
*Fruit, Greek, pasta, coleslaw, tomato bocconcini,  
broccoli grape, southwest corn, potato, mixed  
greens or spinach salad*
- 3.99/person **SOUP**  
*Made daily with a choice of bun. Chicken noodle,  
cream of potato & bacon, tomato bisque, cream  
of broccoli, tomato tortellini, red pepper, cream of  
asparagus, pea & ham*

## Platters

- 3.25/person **FRESH FRUIT PLATTER**  
*Seasonal fresh fruit*
- 3.25/person **VEGETABLE PLATTER**  
*Assorted seasonal vegetables served with fresh dip*
- 3.99/person **DESSERT PLATTER**  
*Assorted squares, cakes, tarts, cookies*
- 0.99/person **COOKIE PLATTER**  
*Assorted fresh homemade cookies*
- 4.99/person **CHEESE PLATTER**  
*Assorted cheeses, seasonal berries, grapes, crackers*
- 19.99/dozen **TEA SANDWICH PLATTER**  
*- Smoked salmon & cucumber  
- Chicken, cranberry, brie  
- Spinach, red pepper, portabello*
- 7.49/person **BISTRO PLATTER**  
*Assorted sliced meats, cheeses, pickles, tomatoes,  
cucumber, lettuce, red onion, mustard, mayo*

## Sandwiches & Wraps

- 6.49/person **SANDWICHES**  
*Ham & swiss, turkey cranberry, roast beef, Montreal  
smoked meat, tuna salad, egg salad or vegetarian.  
Served on our fresh baked bread, buns or our  
famous Montreal boiled bagels*
- 6.49/person **WRAPS**  
*Chicken mango, turkey club or Thai noodle with  
spicy peanut sauce*

## Entrees

- 10.99/person *Includes choice of buns or garlic bread, and one  
side (choose from salads, soups, dessert, fresh  
fruit, or veggies). Minimum of 8 people*
- MEAT LASAGNE**  
*Ground beef, marinara, ricotta, mozzarella*
- CHICKEN LASAGNE**  
*Chicken breast, mushroom, alfredo sauce, ricotta,  
mozzarella*
- VEGETARIAN LASAGNE**  
*Zucchini, red peppers, mushrooms, marinara,  
ricotta, mozzarella*
- SPICY ITALIAN SAUSAGE PENNE**  
*Red peppers, chorizo, parmesan, spicy marinara*
- CHICKEN POT PIE**  
*Chicken breast, potatoes, carrots, celery, peas*
- SHEPHERDS PIE**  
*Ground beef, carrots, corn, peas, mashed potatoes*
- 19.99 **FULL SIZE QUICHE**  
*assorted fillings  
(serves 6-8 people)*

## Desserts

- CAKES**  
*Carrot, cheesecake, tiramisu, chocolate ganache,  
berries & cream*
- 30.00/ for 8 x 8      95.00/ for 1/2 slab  
45.00/ for 1/4 slab      190.00/ for full slab
- 3.99/person **SQUARES & TARTS**  
*Lemon, raspberry ganache, pecan, date square,  
cheesecake square, cream cheese brownie, or  
raspberry coconut square. Made fresh daily*
- PIE**  
*Apple, strawberry rhubarb, mixed berry, pumpkin &  
pecan, banana cream and seasonal*
- 5.99/ for 5"      15.99/ for 10"

## Pizza

- ISLAND**  
*Shrimp, pineapple, roasted sweet & hot peppers,  
mozzarella*
- MEAT LOVER'S DELUXE**  
*Genoa salami, bacon, ham, chorizo sausage,  
caramelized onion, mozzarella*
- MEDITERRANEAN VEGETABLE**  
*Spinach, roasted red peppers, artichoke, black  
olives, feta, mozzarella*
- THAI CHICKEN**  
*Chicken, crispy noodles, Thai chili sauce, fresh  
tomato, mozzarella*
- TOPPINGS**  
*Ground beef, salami, bacon, ham, chicken,  
Shrimp, spinach, black olives, onions, peppers,  
jalapeno peppers, pineapple, roasted red peppers,  
mushrooms, tomatoes, zucchini*
- 4.99/Personal 5"      13.99/Medium 12"
- Choose any 3 toppings. Includes choice of one side.

1.50 Additional topping

## Beverages

- 1.59 COFFEE OR TEA
- 1.59 FRUIT JUICES & POP
- 1.59 BOTTLED WATER
- 15.99 POT OF COFFEE OR TEA (10 people)